

West Pool Schedule

Effective Feb. 22 - April 10, 2010



TIME	MON	TUES	WED	THURS	FRI	SAT	SUN
5:30 AM							
7:00	Lap Swim		Lap Swim		Lap Swim		
8:00	5:45 -9:45 a		5:45 a-9:45 a		5:45-9:45 a	Lap Swim 8:15-10 a	
9:00	Adult Open 9:15-9:45 a 2 lanes only	Lap Swim 5:45 a-1 p	Adult Open 9:15-9:45 a 2 lanes only	Lap Swim 5:45 a-1 p	Adult Open 9:15-9:45 a 2 lanes only		
10:00	Volleyball 9:45-11 a		Volleyball 9:45-11 a		Volleyball 9:45-11 a	Volleyball 10-11 a	
11:00	Lap Swim 11 a-1 p		Lap Swim 11 a-1 p		Lap Swim 11 a-1 p		
12 PM						Lap Swim 11a-2 p	
1:00							
2:00							Lap Swim 1:15-4:15 p
3:00							
4:00							
5:00							
6:00	Lap Swim			5:30-9 p			
7:00							
8:00							
9:00							



Open Swim Descriptions

- Youth Swim: Youth only - Ages 7 through High School. Not for Adults.
- Adult Swim: Adults Only. Adults in West Pool limited to swimming within lap lanes. Lap swimming in East Pool limited to 2 lanes or space available.
- Parent/Child: All children must be accompanied by an adult 18 years or older. Adults must swim and stay in pool with children at all times.
- Lap Swim: All ages. Must be swimming laps.

Jr. Youth = 7 - 12 years old
Sr. Youth = 13 - 18 years old
Adult Open = Adult Membership holder

Schedules subject to change.